

California SwimRun Partner Match List

Name: Caroline Wolek

Location: Del Mar

c.wolek@comcast.net

Running 10k Pace: 6:50/mile

Open Water Swimming 1k Pace: 1:20/100m

What are you looking for?: Partner to train,Partner for racing

Partner Gender Preference: Either

Name: Scott Merrill

Location: Sacramento, CA

smerrill1571@gmail.com

Running 10k Pace: 43-45 min

Open Water Swimming 1k Pace: 1:27/100m or 1:20ish/100y

What are you looking for?: Partner to train,Partner for racing

Partner Gender Preference: Male

Other/Comments: Just starting in the sport and looking for anyone else interested in the Norcal area.

Name: Brent Nowak

Location: San Francisco, CA

brent613@gmail.com

Running 10k Pace: 6:40 min/mile

Open Water Swimming 1k Pace: 11 minutes

What are you looking for?: Partner for racing

Partner Gender Preference: Male

Other/Comments: 1:30 Half Marathoner

Name: Joy Merten

Location: Chicago, IL

joymerten@gmail.com

Running 10k Pace: 8:00 - 8:15

Open Water Swimming 1k Pace: 18:00-20:00

What are you looking for?: Partner for racing

Partner Gender Preference: Either

Name: Benjamin Longuechaud

Location: San Diego / La Jolla

benjamin.longuechaud@gmail.com

Running 10k Pace: 42min to 45min

Open Water Swimming 1k Pace: 18min to 20min

What are you looking for?: Partner to train,Partner for racing

Partner Gender Preference: Either

Name: Joey Hinton

Location: Encinitas

jhsporty@aol.com

Running 10k Pace: 6:40 race pace 8:50-7:30 training
Open Water Swimming 1k Pace: 1:25 meters
What are you looking for?: Partner to train,Partner for racing
Partner Gender Preference: Male

Name: patrick talamantes
Location: El Paso, TX
patricktalamantes@gmail.com
Running 10k Pace: N/A
Open Water Swimming 1k Pace: N/A
What are you looking for?: Partner for racing
Partner Gender Preference: Either
Other/Comments: can figure out times later

Name: Krystyna Kolodziej
Location: La Jolla/ UTC
krystynakolodziej@hotmail.com
What are you looking for?: Partner to train
Partner Gender Preference: Either
Other/Comments: I love training and I train hard! Looking for someone to push our limits and have fun!!!!

Name: Sean O'Mahony
Location: Vancouver, BC
sko@precisionhydration.com
Running 10k Pace: 40:00
Open Water Swimming 1k Pace: 16:30
What are you looking for?: Partner for racing
Partner Gender Preference: Either

I need some warm up races and preferably in the warm -- Vancouver is way too cold this time of year. So I would love to come down for this if I can match up with a compatible male/female racer. I'm going to be 59 on March 25th so it will be a birthday race ;-) I would prefer to know for sure within 10 days so I can book a flight, etc. <https://www.strava.com/athletes/sko>

Name: Miguel Pereira
Location: Los Angeles
miguelmpereira@gmail.com
Running 10k Pace: 38:00
Open Water Swimming 1k Pace: 16:00
What are you looking for?: Partner to train,Partner for racing
Partner Gender Preference: Female, Male ,Either

Name: Bruce Meister
Location: Gilbert, AZ
bmeister007@gmail.com
Running 10k Pace: 47 min
Open Water Swimming 1k Pace: 20 min
What are you looking for?: Partner for racing
Partner Gender Preference: Either

Name: Ehrick costello

Location: Carmel valley

ehrick.costello@gmail.com

Running 10k Pace: 8:00/mile

Open Water Swimming 1k Pace: Not sure

What are you looking for?: Partner for racing

Partner Gender Preference: Either

Other/Comments: Haven't raced in a while, but this looks like too much fun to miss.

Name: LAURA

Location: MANHATTAN BEACH, CA

laura.inigo@yahoo.com

Running 10k Pace: 50

Open Water Swimming 1k Pace: 23min

What are you looking for?: Partner for racing

Partner Gender Preference: Either

Other/Comments: Good like to try a swim run race. I'm a 70.3 level triathlete w experience in OWS. Hoping to find a partner to try the sport

Name: Lev Pevzner

Location: Oakland, CA

pevzner@gmail.com

Running 10k Pace: 51 minutes

Open Water Swimming 1k Pace: 20 minutes

What are you looking for?: Partner to train,Partner for racing

Partner Gender Preference: Either

Name: Candice Alvarez

Location: San Dimas CA

Ironmanqueenkona@gmail.com

Running 10k Pace: 60 minutes

Open Water Swimming 1k Pace: 23 minutes

What are you looking for?: Partner to train,Partner for racing

Partner Gender Preference: Either